

**IMPORTANT:** Applicant, please KEEP THIS PAGE for your reference. Complete and submit the other three pages of this package to confirm your space in the indicated workshop. Forms are to be submitted to the ACC Information Center (before or after weekend services) or to the church office Mon-Fri 9-5).

## HEALING THE HEART APPLICATION PACKET INFORMATION SHEET

The HEALING THE HEART Workshop is designed to give a person an understanding of why they cope with pain, disappointments, insecurities and ambitions in the ways they do. These teachings deal with wounds and hurts that we have all received in life and how they have affected our personalities. Biblically based, its practical benefits are immeasurable to those who choose to open themselves to the Holy Spirit. This workshop has been liberating, healing and helpful to hundreds of people.

The Healing the Heart workshop is held from Sunday to Sunday, as follows:

**2010 dates:** Jan.31-Feb.7, April 11-18, Aug. 22-29, Oct. 17-24

**Sunday (2:30-7:30 pm), Monday-Tuesday (6:30-10:00 pm) and Wednesday (6:30-10:30 pm)**  
*At Anchorage City Church, 1301 W. 100th Avenue, Anchorage*

**Ministry retreat weekend: Friday, 6:45 pm (dinner) through late Sunday afternoon**  
*At LaVerne Griffin Youth Recreation Camp, Wasilla*

**The cost is \$160.00 per person.** The cost includes a HEALING THE HEART handbook, meals and lodging for the ministry weekend retreat. A **non-refundable deposit of \$60 per person** is required upon application and will be applied toward the total cost of the workshop. The balance is due before the first day of the course. Make checks payable to ANCHORAGE CITY CHURCH. Limited financial aid may be available for those in special need.

Complete refunds will be given in the event the HEALING THE HEART Workshop you are registered for is canceled or we have to alter the enrollment due to participants canceling their enrollment that effect the Workshop's male-female ratio (necessary in order to maximize the full healing benefits of HEALING THE HEART). No childcare is provided. Also, no pets are allowed at any meetings or at the retreat. Married couples are encouraged to take the HEALING THE HEART course together.

We reserve the right to determine which applications will be accepted for a given workshop. Factors determining eligibility include but are not limited to: space availability and a balanced ratio of male and female participants. If it is determined that your application cannot be accepted at a particular time, we will refund your deposit. (However, we cannot refund your deposit in the event you commit to participate in a specific workshop and are later unable to attend. This policy has been established because food, materials and sleeping arrangements are paid for in advance for each participant.)

Each person will need to bring a Bible, a pencil or pen, and their HEALING THE HEART workbook to each training session. In addition, for the retreat each person will need to bring toiletries, bath towel, sleeping bag and pillow, appropriate sleeping attire, and change of clothing. Directions to the location of the retreat will be provided during the workshop prior to the weekend.

If you have any questions, please contact Pam Schoeniger at 223-9833 or Anchorage City Church at 344-2141. You can also sign up online at [www.anchoragecitychurch.org](http://www.anchoragecitychurch.org)

**APPLICANT -**  
**RETAIN THIS PAGE AND SUBMIT THE FOLLOWING PAGES AFTER ENTERING  
ALL REQUESTED INFORMATION.**

# ANCHORAGE CITY CHURCH

## HEALING THE HEART APPLICATION FORM

For the dates of \_\_\_\_\_

Name(s) \_\_\_\_\_

Address \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Wk Phone (opt.) \_\_\_\_\_

Email address \_\_\_\_\_

Marital Status \_\_\_\_\_ Children's Names/Ages \_\_\_\_\_

Special needs or dietary restrictions \_\_\_\_\_

Are you a Christian? \_\_\_\_\_ If you are, how long have you been one? \_\_\_\_\_

Church Affiliation \_\_\_\_\_

Have you ever been divorced? \_\_\_\_\_ Have your parents ever divorced? \_\_\_\_\_

Are you in counseling at this time? \_\_\_\_\_

Are you over 18 years of age? \_\_\_\_\_ (If you are under 18, we will need parental/guardian written approval)

**Cost: \$160 per person.** Would there be any problem with the fee? \_\_\_\_\_

Includes **Non-Refundable Deposit** of \$60/person, which is due at the time you apply.

<p>You may pay by check, cash or credit card. Please complete this form, including the HEALING THE HEART UNDERSTANDING and PERSONAL COMMITMENT forms, and</p>				
sub-	mit	all	to	Anchorage City Church. You may also sign up on-line at:
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<a href="http://www.anchoragecitychurch.org/events">www.anchoragecitychurch.org/events</a> .
I am paying: \$ _____ With:				
Cash	Check	MC	Visa - Name on credit card:	
_____				

<b>For office use:</b>	
Application received by _____	Date Received _____

# HEALING THE HEART

## STATEMENT OF UNDERSTANDING

1. Anyone participating in Healing the Heart should be in a small group for support. Healing the Heart is not recommended for anyone who is not in a small group.
2. Healing the Heart is not counseling but the application of Biblical principles and prayer ministry. We believe that healing comes as we are brought into the presence of God, as we yield to truth and let God touch us.
3. All Healing the Heart team members are "encouragers" whose goal is to help participants connect with God and to help them assume their responsibility in finding freedom in Christ.
4. Healing the Heart is not counseling. Any advise given by a facilitator and/or team member should be only considered a personal suggestion and not professional instruction.
5. Except for Staff Pastors of Anchorage City Church, all the Healing the Heart team members are volunteers and are not being remunerated for their participation in Healing the Heart. The majority of Healing the Heart team members and the staff of the Anchorage City Church and those associated with them are not professional or licensed counselors, therapists, medical or psychological practitioners. Even those with professional training are not operating as mental health professional but as prayer ministers helping participants connect with God's healing presence.
6. No one having serious psychological problems is eligible to participate in Healing the Heart (i.e., multiple personality disorder/ disassociate identity disorder, clinical depression, suicidal tendencies, etc.) without being under professional mental health care.
7. If you are currently seeing a psychiatrist, psychologist or any professional for psychological counseling or mental health care, you need to get their approval before participating in Healing the Heart.
8. Healing the Heart is not intended to diagnose or replace medical, psychological, mental health or counseling treatment or therapy.
9. You will not be advised to alter any prescription medication, medical and/or mental health treatment. This is solely a matter between you and your physician and/or mental health care provider.
10. Strong emotions are often expressed during the ministry time which may result in experiencing emotional distress. This is often a part of the healing process.
11. You could experience increased emotional distress after a ministry session and/or may find that your emotional state worsens before it improves.
12. The Healing the Heart team may use spiritual gifts during your ministry time. This could include the use of praying in unknown tongues.
13. If you disclose something that is illegal, you need to be aware that we may have a legal obligation to report it to the authorities.
14. You need to be aware that your Healing the Heart team, facilitators, ministry coordinators, leadership or the staff of the Anchorage City Church may need to intervene if they suspect that a child (under the age of 18) or an elder (over the age of 65) is currently endangered by abuse or if you are suspected of being a danger to yourself or others.
15. Participating in Healing the Heart is voluntary and you are free to quit at any time. I understand that I must take full responsibility for any and all consequences of terminating my participation in Healing the Heart.
16. You may stop your Healing the Heart ministry session at any time and for any reason. However, you must clearly communicate your desire to the Team Leader. It is your responsibility to make sure your communication is understood.
17. The Healing the Heart ministry and/or leadership team may stop your participation in Healing the Heart at any time and for any reason.
18. All Healing the Heart team members are required to sign a confidentiality statement, however, participants need to realize that this may not always insure someone's integrity.
19. Your ministry facilitators may discuss your ministry time with the other facilitators, ministry coordinators or team leadership.
20. While many people who have gone through Healing the Heart have reported being helped, we cannot guarantee the outcome of Healing the Heart. Healing the Heart ministry methods have not been clinically demonstrated as guaranteeing either short-term or long-term results.
21. Anchorage City Church, the staff of Anchorage City Church and your Healing the Heart Team members are under no obligation to provide on-going care beyond the workshop.
22. You have the right to ask for clarification of any part of this STATEMENT OF UNDERSTANDING before signing.

**I understand and agree with the above and freely choose to participate in Healing the Heart based on this understanding.**

Signature \_\_\_\_\_ Date \_\_\_\_\_

Name (printed) \_\_\_\_\_

**Healing the Heart is an intensive teaching of biblical principles and truths aimed at helping us understand why we are like we are and to expose the deceptions that have influenced our behavior. Healing the Heart is concluded with an application time in which you will be given an opportunity to apply these principles to your own life through self-disclosure.**

## **HEALING THE HEART WORKSHOP PERSONAL COMMITMENT**

The Healing the Heart Workshop will consist of a series of lectures, videos and personal ministry dealing with the wounds and hurts that we all receive in life and how they affect our personalities. It is designed to help you understand yourself, your disappointments, your insecurities, your ambitions, and how you can more effectively serve God.

"Above all else, guard your heart, for it is the wellspring of life" (Proverbs 4:23)

Proverbs 4:23 states that the most vital issues of life arise from out of the heart. Healing the Heart takes the approach that instead of seeking the Lord as our heart's protection, we have taken upon ourselves the responsibility of building defensive walls around our hearts. These walls of false protection often evolve into the walls of a personal prison locking in our true personality. This workshop will teach important Biblical keys to breaking out of our man-made prison and becoming truly free in Christ.

The purpose of the Workshop is "... that (we might arrive) at really mature manhood - the completeness of personality which is nothing less than the standard height of Christ's own perfection - the measure of the stature of the fullness of the Christ, and the completeness found in Him." (Ephesians 4:13, Amplified Bible)

Having read the above and understanding the purpose of Healing the Heart I hereby personally commit to the following:

- **I agree to attend all the sessions and to be on time.**
- **I will respect the group leaders and facilitators and honor them for their sacrifice of time.**
- **I agree to respond to all those in my group with God's acceptance and unconditional love and to not be judgmental.**
- **I agree to support others in the group through prayer, especially when they are receiving ministry.**
- **I will refrain from offering simplistic advice to other group members regarding their life struggles.**
- **I agree to keep strictly confidential anything that is shared.**
- **I agree to take responsibility for my life and am willing to make a deliberate choice to turn from self-destructive practices to good, wholesome, Godly ones.**
- **I agree to prayerfully seek to know what God wants me to address in my life and choose to be willing to be open to sharing it with the group.**
- **I take full responsibility for my participation in Healing the Heart and agree to save and hold harmless the Healing the Heart team and team leadership, Anchorage City Church and its pastors, staff, elders and those involved in the Healing the Heart Ministry from any and all losses that I may suffer as a result of my participation in Healing the Heart.**

Signature \_\_\_\_\_ Date \_\_\_\_\_

Name (printed) \_\_\_\_\_